Senior Meal Menu December 2026

Tuesday	Wednesday
1 Chicken and Dumplings	2 Mushroom Pasta with side salad
8 Tortellini with red sauce with side salad and garlic bread	9 Chicken Salad sandwich with chips and fruit
15 Sesame tofu with broccoli and white rice	16 Baked Mac and Cheese
22 Chicken Noodle Soup with Baguette	23 Rainbow veggie stir fry with tofu
29 Sweet Potato power bowl with chicken	30 Fennel Apple Salad with Pomegranate vinaigrette