

ATTLEBORO NORTON YMCA – SWEET POOL (October 1– November 1)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
LAP SWIM (4 LANES) 5 – 9:25 AM	LAP SWIM 5 AM –6:30 PM	LAP SWIM (4 LANES) 5 – 9:25 AM	LAP SWIM 5 AM – 6:30 PM	LAP SWIM (4 LANES) 5 – 9:25 AM			
AQUA HIT 9:30 – 10:30 AM		AQUA HIT 9:30 – 10:30 AM		AQUA HIT 9:30 – 10:30 AM	LAP SWIM 7:00– 4 :30 PM	LAP SWIM 7:00– 2:00 PM	
LAP SWIM 10:30 AM – 6:00 PM		LAP SWIM 10:30 AM– 8:00PM		LAP SWIM 10:30 AM – 8:00 PM			Pool closed at 2
MASTERS 6:00– 7:00 PM	SYNCHRO 6:30 – 8:30 PM	Pool Closed at 8	SYNCHRO 6:30 – 8:30 PM	Pool Closed at 8	Lap swim may include members in private lessons. Lane sharing should be expected during busy times Massachusetts state law (105 CMR 435.00) requires all swimmers to take a cleansing shower with soap before entering a public swimming pool to maintain water hygiene and reduce harmful contaminants.		
MASTERS SYNCHRO (2) 7:00 – 8:30 PM LAP (2) 7:00 – 8:30 PM							