

AUGUST 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5 American Chop suey with side salad	6 Chef salad: greens, ham, cheese, egg, cukes, tomato, onion and fruit	7	8	9
10	11	12 Baked scrod with baked potato and cole- slaw	13 Mediterranean chicken salad: salad with greens, chicken, olives, cukes, onions, tomatoes and hummus served with pita bread	14	15	16
17	18	19 Broccoli & cheese quiche with side salad	20 Sausage & pepper sub with side salad	21	22	23
24	25	26 Roast pork, roasted potatoes and salad	27 Street beef tacos with the works served with rice & beans	28	29	30
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