



Updated: March 5, 2024

Policy: Key Sign-Out Procedures for Studio Access

Purpose: To establish guidelines for the sign-out and use of keys to access designated studios within the YMCA facility, ensuring the safety and security of all members.

Policy Statement:

- Eligibility:
 - Any member wishing to sign out keys for access to the kickboxing area, teen center, or mind-body studio must be 21 years of age or older.
 - All members of the group must be 21 or older.
 - Members signing out studio access keys may be asked to give valid identification to the Welcome Center staff for each person intending to enter the studios.
- Key Availability:
 - Members are permitted to sign out keys during the following designated times:
 - Monday through Friday: Open to 2:00pm and 7:00pm-9:00pm
 - Saturday: 1:00pm-5:00pm
 - Sunday: 1:00pm-3:00pm
- Safety Measures:
 - The requirement for members to be 21 years or older and provide identification for access to designated studios is implemented for the safety of all members.
- Spin Studio Key Policy:
 - Effective immediately, YMCA members will no longer be able to sign out keys for the Spin Studio.
 - Members are encouraged to use the spin bikes in the Reilly Fitness Center for their cycling workouts.
 - The Spin Instructors/YMCA staff are the only people who should be unlocking the spin studio.