



PLEASANT STREET BRANCH POOL SCHEDULE

Winter 2012

LAP & FITNESS SWIM

(Approximate number of lanes available is indicated in parentheses. Pools close 30 minutes prior to facility closing.)

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------------------|----------------------|---------------------|---------------------|--------------------|---------------------|--------------------|
| 5 - 9:30 am (6) | 5 - 9:00 am (6) | 5 - 9:30 am (6) | 5 - 8:30 am (6) | 5 - 8:30 am (6) | 7 - 9 am (6) | 7 - 10 am (6) |
| 9:30 - 10:30pm (2) | 9:00 - 10:00 pm (2) | 9:30 - 10:30 am (2) | 9:00 - 10:00 pm (2) | 8:30 - 9:30 am (2) | 9 - 11:30 am (2) | 10:30 - 3:30 pm(3) |
| 10:30 - 2:30 pm (6) | 10:00 - 12:15 pm (3) | 10:30 - 12 pm (3) | 10:00- 12:15 pm (3) | 9:30- 11:30 am (3) | 11:30 - 7:30 pm (3) | |
| 2:30 - 5:30 pm (3) | 12:15 - 1 pm (6) | 12 - 2:30 pm (6) | 12:15 - 1 pm | 11:-2:30 (6) | | |
| 5:30 - 8 pm (2) | 1 - 4 pm (2) | 2:30 - 4:30 (6) | 1 - 4 pm (2) | 2:30 - 4:30 (3) | | |
| 8 - 9:30 pm (3) | 4- 4:30 (6) | 4:30 - 6:30 (2) | 4- 4:30 (6) | 4:30 - 7:15 (2) | | |
| | 4:30 - 7 (2) | 6:30- 8:30 pm (3) | 4:30 - 7 (2) | 7:15 - 9:30 (3) | | |
| | 7 - 9:30 pm (3) | 8:30 - 9:30 pm (6) | 7 - 9:30 pm (3) | | | |

FAMILY RECREATIONAL SWIM

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|----------------|------------------|------------------|------------------|----------------|--|--|
| 2:30 - 5:30 pm | 11:30 - 12:15 pm | 10:30 am - 12 pm | 11:30 - 12:15 pm | 2:30 - 4:30 pm | 11:30 am - 7:30 pm | 10 am - 3:30 pm |
| 8 - 9:30 pm | 7 - 9:30 pm | 2:30 - 4:30 pm | 8- 9:30 pm | 6:15 - 9:30 pm | (Family swim hours party rentals. verify weekend | may vary due to Please call to family rec. times.) |
| | | 6:15 - 7 pm | | | | |

AQUATICS FITNESS PROGRAMS

| | | |
|-------------|-----------|----------------|
| Aqua Motion | MON & WED | 9:30-10:30 am |
| | TUE & THU | 9:00-10:00 am |
| | FRI | 8:30-9:30 a.m. |
| | WED | 7:30-8:30 pm |
| AquaZumba | MON | 6:00-7:00 pm |

SWIM LESSONS

| | |
|-----------|------------------------------|
| MONDAY | 7:00-8:00 pm |
| TUESDAY | 9:30-11:30 am / 4:30-7:00 pm |
| WEDNESDAY | 4:30-6:30 pm |
| THURSDAY | 9:30-11:30 am / 4:30-8:00 pm |
| FRIDAY | 9:30-11:30 am / 4:30-7:15 pm |
| SATURDAY | 9:00-11:30 am |

Sturdy Hospital Aquatic Physical Therapy

| | |
|----------|--------|
| TUESDAY | 1-4 pm |
| THURSDAY | 1-4 pm |

POOL YOUTH POLICIES

1. All non-swimmers (including those who use bubbles) of any age must have an adult accompany them in the water.
2. Swimmers 8 and under must have an adult present in the pool area.
3. Swimmers 9 and older who are able to pass the Y's swim test (25 yard swim without floatation device) may swim without an adult.

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