



DOWNTOWN BRANCH POOL SCHEDULE

Winter 2012

LAP & FITNESS SWIM

(Approximate number of lanes available is indicated in parentheses. Pools close 30 minutes prior to facility closing.)

Sweet Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 am-2:30 pm (4)	5:30-9:00 am (4)	5:30-9:00 am (4)	5:30-9:00 am (4)	5:30 am-2:30 pm (4)	7:00-11:30 am (1)	7:00 am-6:00 pm (2)
2:30-4:00 pm (2)	9:00-10:30 am (2)	9:00-10:30 am (2)	9:00-10:30 am (2)	2:30-4:00 pm (2)	11:30 am-6:00 pm (2)	
4:00-9:00 pm (1)	10:30 am-2:30 pm (4)	10:30 am-2:30 pm (4)	10:30 am-2:30 pm (4)	4:00-9:00 pm (1)		
	2:30-4:00 pm (2)	2:30-4:00 pm (2)	2:30-4:00 pm (2)			
	4:00-9:00 pm (1)	4:00-9:00 pm (1)	4:00-9:00 pm (1)			

Balfour Pool

At least one lane is typically available for lap & fitness swim. On Mondays and Wednesdays, Balfour is closed 1:30-2:30 p.m.

FAMILY RECREATIONAL SWIM

Sweet Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2:30-4:00 pm	2:30-4:00 pm	2:30-4:00 pm	2:30-4:00 pm	2:30-4:00 pm	2:00-6:00 pm	7:00 am-6:00 pm
8:00-9:00 pm	8:00-9:00 pm	8:00-9:00 pm	8:00-9:00 pm	8:00-9:00 pm		

Balfour Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:30-4:00 pm	12:30-2:00 pm	12:30-1:30 pm	12:30-4:25 pm	12:30-4:30 pm	12:30-9:30 pm	7:00-7:30 pm
8:00-9:30 pm	3:00-4:25 pm	3:00-7:15 pm	8:00-9:30 pm	8:00-9:30 pm		
	8:00-9:30 pm	8:00-9:30 pm				

AQUATICS FITNESS PROGRAMS

Aqua Motion	Monday - Friday	8:30-9:15 am	Balfour Pool
	Monday - Thursday	7:15-8:00 pm	Balfour Pool
Senior Waves	Tuesday & Thursday	9:15-10:00 am	Balfour Pool
Water Jogging	Tuesday - Thursday	9:15-10:00 am	Sweet Pool
Arthritis Exercise	Tuesday & Thursday	10:00-11:00 am	Balfour Pool

POOL YOUTH POLICIES

1. All non-swimmers (including those who use bubbles) of any age must have an adult accompany them in the water.
2. Swimmers 8 and under must have an adult present in the pool area.
3. Swimmers 9 and older who are able to pass the Y's swim test (25 yard swim without floatation device) may swim without an adult.