

YATTLEBORO

Attleboro YMCA Tsunami Swim Team

Short Course
September 8 - March 21

The Tsunami Swim Team is a competitive program for swimmers aged 5 to 18 years old. The team competes in Division 1 of the Eastern Massachusetts YMCA swim league. In addition swimmers have the opportunity to compete at the USS level alongside other area YMCA swimmers as YMASS.

PRACTICE GROUPS

PLATINUM

(ages 13 and up)
Most experienced and competitive swimmers in New England
YMCA and USS competitions
9 practices — 16 1/2 hours per week

SILVER

(ages 5-12)
Knowledge of four basic strokes. Able to attempt YMCA competitions.
USS competitions optional.
4 practices — 6 hours per week

GOLD

(ages 10 and up)
Proficient in all strokes, just as committed as Platinum, but younger
YMCA and USS competitions
5 practices — 10 hours per week

DIAMOND

(ages 5-9)
Requirement: able to swim one length of pool, one hand stroke with face in the water. Skills based, teaching all four strokes.
YMCA competitions
3/4 practices — 4/5 hours per week

PURPLE

(ages 9-13)
Advanced knowledge of all strokes
YMCA and USS competitions
5 practices— 6 hours per week

HIGH SCHOOL PREP TEAM

September 13 - November 13
Gear up for your High School team.
5 practices a week available.

Practice schedule and # of practices listed are subject to change

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Diamond	3:45-5:00 (B)		3:30-4:30			11:15-12:30
Silver	4:30-6:00 (PS)		4:30-5:30		5:30-6:30	9:00-10:30AM
Purple	4:00-5:15	4:00-6:00	5:30-6:45	4:00-5:15		9:00-10:30AM
Gold	5:15-6:45	7:00-8:30(PS)	6:30-8:00(PS)	5:15-6:45		7:00-9:00 AM
Platinun(PM)	6:45-8:45	6:00-8:15	6:45-8:45	6:45-8:45	3:30-5:30	7:00-9:00 AM
Platinum(AM)	5:30-7:00		5:30-7:00		5:30-7:00	
HS	2:30-4:00	2:30-4:00	2:30-3:30	2:30-4:00	2:30-3:30	

Pool Codes—Unless otherwise noted the practices is held in the Sweet Pool at the Downtown location

Downtown Branch: B= Balfour

Pleasant Street Branch PS (formerly Activity Center)



**Attleboro YMCA
Downtown Branch**
63 North Main St.
Attleboro, MA 02703
508-222-7422

Pleasant Street Branch
537 Pleasant St.
Attleboro, MA 02703
508-226-7700

**Norton YMCA
Program Center**
111 West Main St.
Norton, MA 02766
508-285-7574

**Norton YMCA
Outdoor Center
& Camp Finberg**
290 West Main St.
Norton, MA 02766
508-222-7292 (in season)

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Registrations

Registrations are under way and may be done at any of our three branches during our regular business hours. A registration form and appropriate payments must be completed at the time of registration. All participants must be registered in order to participate in ANY practices. Registration Nights are available for those needing assistance regarding placement or questions about the program in general.

Registration and Meet the Coaching Team Nights

Downtown Branch

August 26	Wednesday	4:00 – 7:00 PM
September 1	Tuesday	6:00 – 8:00 PM

YMCA Membership

An Attleboro YMCA membership is required in order to participate in this program.

YMCA membership fees are as follows:

	Monthly	Annual	Joiners Fee*
Family	\$63.00	\$756	\$65
Teen (13-18)	\$13.50	\$162	\$25
Youth (birth – 12)	\$10.50	\$126	\$25

* joiner's fee are waived for those registering for fall programs prior to September 15th, 2009

Progressive Program Registration Fees

\$20 first participant
\$10 each additional child

Short Course Fees (plus registration and membership fees)

Platinum level	\$600
Gold, Purple, Silver and Diamond levels	\$500
High School Prep Team	\$350 (must be paid in full at registrations)

Payment Options

Payment in Full - Registration fees are waived if payment is made in full at the time of registration. No refunds will be issued.

Monthly Automatic Bankdraft or Credit Card Deduction – Payments will be withdrawn from the account of your choice (checking, savings or credit card) on the first of each month starting in October and ending in February. The first payment is to be paid at the time of registration. Total payment for this program is expected regardless of start date or end date. For example, if you start in October, you will be asked to pay the September and October fee at time of registration. No refunds will be issued.

Monthly Drop Off payments - Payments are to be made at the Welcome Center on the first of the month from October to January. First (September) and last (February) payment will be taken at time of registration. A \$10 late fee is applied when payment is not received and processed by the 10th of each month.



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