

Shaping the Future

On Tuesday February 12th, the YMCA of Attleboro held its 140th Annual Meeting and announced the 2007 Volunteer, Member, and CIT awards, as well as the 2008 Board of Directors Officers. Executive Director Duane German spoke about the history of our YMCA and why our mission has been important in the past and why our mission is so important for our future.

2007 YMCA of Attleboro Awards

Member of the Year:

Larry Poirier

Youth Volunteers of the Year:

Tyler Silvia Robertson

Kathryn Angers

Shayna Rahwan

Program Volunteer of the Year:

Michael DiMarino

YMCA Camp Finberg CIT of the Year:

Emily Fullerton

2008 Board of Directors Officers:

President: Bruce Thompson

First Vice President: Mark Cuddy

Second Vice President: Dennis Kelly

Treasurer: Joan Pilkington-Smyth

Assistant Treasurer: Rich Renoni

Clerk: Jeff Nelson

Did you know?

The YMCA is a volunteer led organization and is always looking for a few more helping hands!

Have fun volunteering in these areas:

Dance & Gymnastics

Special Events like Healthy Kids Day

Administrative & Fundraising

Assisting sports teams

Renovations & Building Maintenance

Babysitting & Childcare

Find out more today!

Contact Volunteer Coordinator Dave Barbour at

508-222-7422



PUT AT LITTLE SPRING IN YOUR STEP!

Special Invitation from Coach Ed: Saturday April 19th Hey kids we're going to Boston to be part of the Boston Marathon Weekend, want to come? If you are between 9 and 14 and can run 300 meters you can be part of our relay team. We take the train to Boston meet Olympic athletes and run 300 meter relay races at the Boston Marathon Finish line. To be part of this big event just contact. Ed Poirier email epattleboroymca@yahoo.com or 508-222-7422 ext 124. **Hurry up we can only take 50 kids.** Yes, Parents can come and get in on all the fun!

Corporate Step Challenge: Get your pedometers ready! The 2008 Corporate Step Challenge will be begin on Monday April 14th. The goal of the Corporate Step Challenge is to encourage healthy behaviors and camaraderie in the workplace, set the example for area youth, and to support the School Age Step Challenges for next year. The Registration Deadline is Monday March 24th. Entry fee is \$3 per person and any size group or company is welcome. Participants may use their own pedometer or purchase one for \$4. Contact Amanda Terkanian to find out more information and to register.

YMCA of Attleboro



www.attleboroymca.org

Attleboro YMCA

63 North Main St.
Attleboro, MA 02703
508-222-7422

YMCA Activity Center

537 Pleasant St.
Attleboro, MA 02703
508-226-7700

Norton YMCA Program Center

111 West Main St.
Norton, MA 02766
508-285-7574

Norton YMCA Outdoor Center

290 West. Main St.
Norton, MA 02766
508-222-7292 (in season)

March 2008 YMCA of Attleboro Calendar...

Norton YMCA Program Center

Attleboro YMCA

YMCA Activity Center

Norton YMCA Outdoor Center

Sun

Mon

Tue

Wed

Thu

Fri

Sat

A: Attleboro YMCA
AC: YMCA Activity Center
N: Norton Y Program Center
OC: Norton YMCA Outdoor Center

New Preschool Program: 'Kangaroo' Jones and the Return to Adventure Island! Thursdays 9:15-9:45am ages 4 & 5 at the Attleboro Y. Join the fun!

1 Sunday River Ski Trip

4 Registration closes for Adventure Island!

5 Stratton Ski Trip

6 Kangaroo Jones Return to Adventure island begins (A)

7 Coffee with the Directors 10:15am, NYPC Fun Friday

8

9 Loon Ski Trip

10

11 Teen Basketball league starts (A)
Lil' Ones Lunch (N) 11:30am

12

13

14 Go Night (A)
NMS Fun Night (AC)
Kids Night Out (A)

15 Cooking Demo(A)
Norton Parks and Rec Egg Hunt
Stowe Ski Trip

16 What is Eat. Live. Play ASK Renee!!!!

17 Checkout the Shamrock Adventure at the AC!

18 Learn about EFT 6:30pm (A)

19 Norton Tricentennial Meeting 6:30pm.

20 Learn about EFT 6:30pm (A)

21

22 Stowe Ski Trip
Camp Finberg Open House (OC)

23 Happy Easter, YMCA Closed.

24 Relics Basketball starts (A)

25

26 Women's Basketball League starts (A)
Camp Finberg Infor-

27 Spring II Registration begins for most programs!

28 Teen Dance (A)
Kids Night Out (A)

29 Field Hockey & Flag Football Starts (OC)
Killington Ski Trip

30

31

Spend April Vacation at the Y with Disney Dance Days and more!

NEWS

from around the

YMCA

Volunteer Spotlight:

Name: Kaylyn Dorsey
Start Date: October 2007
Hobbies: Dancing, Swimming, and spending time with friends.
Volunteer Area: High Impact



Gymnastics & Dance

YMCA Staff Supervisor:

Amanda Cyr, Gymnastics Director

Reason for Volunteering at the YMCA:

"I love to volunteer because helping kids learn is so much fun and them being happy makes me happy."

Saying Thanks to...

George Sutherland, Chief Administration Officer of Nations Heritage Federal Credit Union, for instructing a six week life skill workshop on Money Management at the Attleboro Youth Center.

Be a 2008 YMCA Best Friend!

Each year the YMCA provides scholarships to people of all ages for membership, programs, and camp. This year we will feature a few special events including a Best Friends Buggie, the Parent-Child Golf Tournament, and our annual kick-off breakfast with a special guest. For more information contact Executive Director Duane German.

Tsunami Long Course Coming soon!

Our Attleboro YMCA Tsunami Long Course Swim Team beginning April 28th and running through early July...practice times will be scheduled between 5:00 and 8:00 PM...Monday through Friday....watch for more details.

Wellness Weekend Certifications

Renée Girard, Wellness Specialist and Faculty Trainer for YMCA of the USA is happy to announce the recent certifications attained by staff and members:

Certified YMCA Group Exercise Instructor:

Rachel Kerrins, Michele Ogden, Susan Ouzounian, Charity Provencal, Meredith Walsh, Maureen Wilcox.

Certified YMCA Strength and Conditioning Instructor:

Miguel Roldan

Pilates Instructor:

Meredith Walsh, Maureen Wilcox, Michele Ogden

Congratulations to all of you. Your hard work and dedication to the YMCA is so very appreciated. We all look forward to your new careers in the YMCA.



Members of the Norton Y's High Impact Gymnastics Team are working hard toward the League Championships in May.
Top row: Amanda Schleicher, Hannah Lee, Cherie Smith
Middle Row: Carly Bobst, Holly McClain, Julie Towne, Taylor Portanova
Front Row: Kayla Sicard, Abby Meyer